



PARENT & GUARDIAN RESOURCES

There is a lot of information for parents out there – on television, in magazines and on the internet – and it can be hard to know what is accurate and reliable. Here is a list of resources recommended by our clinic. It is also important to talk with your healthcare provider about any questions you have about your child(ren).

[The American Academy of Pediatrics](#)

The AAP website is a great resource for information on various aspects of child health including immunizations and safety/injury prevention, as well as lots of family education information.

[Healthy Children](#)

The Healthy Children website is an interactive, customized site designed for families, providing content that is consistent with American Academy of Pediatrics policies and guidelines. The site includes easy-to-use search capabilities by keyword, topic, age, or gender.

[Kids Health](#)

Nemours is a nonprofit children's health system who founded KidsHealth.org in 1995. The site includes doctor-reviewed advice on hundreds of physical, emotional and behavioral topics from before birth through the teen years.

[Center for Disease Control and Prevention](#)

The CDC website is another excellent source of information regarding immunizations. One of the other highlights of this website includes a special "travel" section which outlines updated travel alerts and recommended immunizations/medications for visits outside the United States.

[Consumer Product Safety Commission](#)

The CPSC website is a current and up-to-date resource of recalled childhood and family products.

[National Early Childhood Technical Assistance Center](#)

The NECTAC website locates state, regional, and local early intervention programs under the individuals with Disabilities Education Act, as well as testing services for young children with suspected or known disabilities.

[Poison Control Center](#)

The Poison Control website offers important emergency information for families.

[My Plate - Dietary Recommendations from the US Department of Agriculture](#)

ChooseMyPlate.gov is an interactive website that reflects the new nutritional recommendations and healthy eating tips for children of all ages.

[The American Medical Association](#)

The AMA website includes information for patients and parents on various health topics. Take a look at the useful medical resource center.